PROGRAM OUTLINE (Day 1)

CONTACT HOURS 7

TITLE OF ACTIVITY: MPS Therapy - Circuits 2 PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/ content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
Understand basic application of 5 Element Acupuncture, and how they relate to nervous systems, organs, muscles & protocol development	5 Element Theory & Practicum 1) Fire Element: Sympathetic/Parasympathetic 2) Earth Element: Digestion and soft tissue 3) Metal Element: Elimination, Lung,Skin,Colon 4) Water Element: Bones, Joint and Endocrine 5) Wood Element: Muscles, Tendons	1.00 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point) and workshop manual
2. Each learner will Understand the developemnt of 5 Element Protocol development for: Lower Back, Neck, Jaw, Parasymapthetic/Emotions, and Scar Release.	2. 5 Element Standard Protocol:Low Back 1) Fire: H7 Parasympathetic 2) Water: Paraspinal release 4) Wood: Piriformis-IT band release 5) Wood: piriformis - GB 34 release 6) Earth: Enhanced psoas release 7) Metal: Li 4 Sympathetic 5 Element Standard Protocol:Cervical/Neck 1) Fire: H7, Parasympathetic 2) Water: Paraspinal Cervical Release 4) Wood: Gb 20, Gb 21 Trapezius Release 5) Earth: Sp 21 ANS Balance 7) Metal: Li 4 Sympathetic 5 Element Standard Protocol:Jaw/TMJ 1) Fire: H7, Si18 Parasympathetic 2) Water: K27,Paraspinal Cervical Release 4) Wood: Gb 12-H7 Vagus Nerve 5) Earth: St6, St7 TMJ Balance 7) Metal: Li 4 Sympathetic	1.00 Hours 1.00 Hours 1.50 Hours Total 3.5 hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab

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continued 2. Each learner will Understand the developement of 5 Element Protocol development for: Lower Back, Neck, Jaw, Parasymapthetic/Emotions, and Scar Release.	5 Element Standard Protocol: Parasympathetic & Emotions 1) Fire: Anxiety H7, P6 2) Water: Fear B 62 3) Wood: Anger Liv 3 4) Earth: Worry Sp 6 5) Metal: Grief Lu7, Lu9	1.00 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point), and workshop manual, demo, practice lab
	5 Element Standard Protocol: Scar Release 1) Fire: H7 ANS DEregulation 2) Water: B 62 Fascia Release 3) Wood: Gb 41 Sudden Onset Pain 4) Earth: St44 Lymph, Inflammation 5) Metal: Li4 Sympathetic	1.00 Hours		
3. Each learner will be able to understand anatomical location of key acupuncture points to apply in energy/circulation stagnation circuits	3. Lower Stagnation Circutis: Post Scar Release1) Sp 6 - Sp 212) Sp 6 - K 273) Sp 6 - Liv 13	0.50 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
4. Each learner will be able to understand anatomical location of key acupuncture points to apply in midline energetical reconnection post scar release	 4. Post Scar Release 1) Sp4-Si3 2) Sp4-Lu7 3) Sp4-Gv26 4) Sp4-Cv24 	1.00 Hours Total 7.0 hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab

PROGRAM OUTLINE (Day 2)

CONTACT HOURS 7

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5. Each learner will review and apply the six Fascial Release circuits.	5. Six Fascial Release Circuits 1) Taiyang Fascial Circuit 2) Shao Yang Fascial Circuit 3) Yang Ming Fascial Circuit 4) Tai Yin Fascial Circuit 5) Shao Yin Fascial Circuit 6) Jue Yin Fascial Circuit	1.50 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point) and workshop manual
6. Each learner will review, understand and label the spinal segmental organ influence and relating acupuncture points for protocol development in Organ Source-Segmental circuits.	6. Identify and label spinal segments with relating organs: 1) T3-Lung 2) T4-Pericardium 3) T5-Heart 4) T7-Diaphragm 5) T9-Liver 6) T10-GallBladder 7) T11-Spleen 8) T12-Stomach 9) Li-Triple Warmer 10) L21-Kidneys 7) L4-Large Intestine 12) S1-Small Intestine 13) S2-Bladder	1.50 Hours Total 3.0 hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab

PROGRAM OUTLINE (Day 2)

CONTACT HOURS 7

TITLE OF ACTIVITY: MPS Therapy - Circuits 2 PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

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continued 7. Each learner will review, understand and label the spinal segmental organ influence and relating acupuncture points for protocol development in Organ Source-Segmental circuits.	7. Identify and label pinal segments with 6 relating Yin organs: 1) T3-Lung - Lu9 2) T4-Pericardium - P7 3) T5-Heart - H7 4) T9-Liver - Liv 3 5) T11-Spleen - Sp 4 6) L21-Kidneys - K3	1.00 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point), and workshop manual, demo, practice lab
8. Each learner will be able to identify and locate the eight Confluent points and understand thier relationship with the eight extraordinary channels., for ANS DEregulation	8. Identify and Locate Eight Confluent Points 1) Tw5 - Sympathetic 2) P6 - Parasympathetic 3) Si3 - Back Midline/spne 4) Lu7 - Front Midline 5) B62 - Male sympathetic Energy 6) Sp 6 - Female Parasympathetic Energy 7) Gb 41 Belt/waistline 8) Sp4 - Midline Torso	1.50 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
9. Each learner will Understand the developemnt of 5 Element Point selection for Confluent, Influential, Distal and immune points.	9. 5 Element Point selection for: 1) Confluent PointsTw5 - Sympathetic 2) Influential Points 3) Distal Points 4) Immune Points	1.50 Hours Total 7.0 hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab