PROGRAM OUTLINE (Day 1)

CONTACT HOURS 7

TITLE OF ACTIVITY: MPS Therapy - Circuits I PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/ content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
1. Each Learner will describe the seven principles of MPS Pain therapy	 1) Scar Release Therapy 2) Standard Protocol - Lower Back 3) Standard Protocol - Cervical/neck 4) Parasymapthetic emotional release points 5) Distal pain Points 6) Jaw/TMJ Release 7) Thoracic ANS Release 	0.50 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point) and workshop manual
2. Each learner will review the basic laws pain managment and the autonomic nervous system (ANS) balance, and the relation- ship between the ANS and acupuncture principles.	2. Parasymapthetic, sympathetic and ANS relationship with the spine and acupuncture theories.	0.50 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
3. Each learner will review and understand Review the 6 steps of standard protocol, and include enhanced psoas release.	 3. 1) inspect for sub-clinical radiculopathy 2) Manually release gate/sacrum 3) Paraspinal release 4) Piriformis-IT band release 5) piriformis - GB 34 release 6) Enhanced psoas release 	1.00 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
4. Each learner will be able understand how to perform MPS TMJ/Jaw release, including neuroassessment of the cervi- cal spine, and key acupuncture points for TMJ and jaw release.	 4. 1) Cerical inspection of radiculopathy 2) Cervical postural inspection 3) Identify, locate, and treat TMJ points: a) St6, St7, Si 19, S1 18 	1.50 Hours <u>Total</u> 3.5 hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab

TITLE OF ACTIVITY: MPS Neuromechanical Therapy - Circuits I PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/ content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
5. Each learner will review and discuss spinal neuroassessments and radiculopathy, Cannon Law of Dennervation, understanding the intimate neurological relationships between segments and organs	 Overview of Spinal and ANS IRadiculopathy and the spine Cannon's Law of Dennervation Spinal segments and ANS organ influence CNS-PNS Reconnection 	0.50 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture, overhead (or power point), and workshop manual, demo, practice lab
6. Each learner will be able to learn and perform Six Axis Fascial Circuts for ANS Deregulation	 Six Fascial Release Circuits Taiyang Fascial Circuit Shao Yang Fascial Circuit Yang Ming Fascial Circuit Tai Yin Fascial Circuit Shao Yin Fascial Circuit Jue Yin Fascial Circuit 	1.50 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
7. Each learner will be able to understand anatomical location of key acupuncture points to apply in therapeutic circuits, including: or- thopedic and bone healing, edema/ circulation and inflammation, chronic pain and myofascial release.	 7. Identify, locate, and treat the following Key Circuits: Orthopedic and bone healing edema/circulation and inflammation chronic pain myofascial release. 	1.50 Hours		Lecture, overhead (or power point), and workshop manual, demo, practice lab
		<u>Total</u> 7.0 hours		

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